



# The Episcopal Diocese of Olympia

The Episcopal Church in Western Washington

[www.ecww.org](http://www.ecww.org)

Plans offered through the Episcopal Church Medical Trust.

## 2023 Medical Plans

Medical Plan / Monthly Rates	Single	Employee + 1	Family	% increase over 2022
Anthem BCBS BlueCard PPO 80 (base plan*)	\$899	\$1618	\$2517	4.66%
Anthem BCBS BlueCard PPO 90	\$991	\$1784	\$2775	4.64%
Anthem BCBS BlueCard PPO 100	\$1074	\$1933	\$3007	4.67%
Anthem BCBS CDHP-20/HSA **	\$709 / \$190	\$1276 / \$342	\$1985 / \$532	5.64%
Kaiser Washington HMO	\$978	\$1754	\$2724	0.0%
Kaiser Washington PPO	\$1155	\$2071	\$3218	0.0%
Kaiser Permanente EPO 80 (Vancouver)	\$964	\$1735	\$2699	4.65%

\*The base plan is identified each year by the diocesan Personnel Commission. The current minimum standard employer contribution is 100% of the base plan for employee and 75% of the base plan for dependents of the employee.

\*\*If an employee selects a Consumer Directed Health Plan (CDHP) the employer is required to contribute the monthly rate difference between the CDHP plan and the designated base plan to the employees' Health Savings Account (HSA). Table shows Premium / HSA Contribution.

## 2023 Cigna Dental Plans

Dental Plan / Monthly Rates	Single	Employee + 1	Family	% increase over 2022
Basic Dental – 50/150	\$61	\$110	\$171	0.0%
Dental & Orthodontia – 25/75	\$83	\$149	\$232	0.0%

\* The current minimum standard employer contribution is 100% of the base plan for employee and 75% of the base plan for dependents of the employee; 100% for eligible part time employees and negotiable for dependents of eligible part time employees.

To maintain parity, minimums and premium sharing for both medical and dental insurance must be the same for all eligible lay and clergy employees.